



EAGLE UPDATE

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November, 2019

DATES TO REMEMBER



Nov. 11 - Veteran's Day Program
11:00 a.m.



Nov. 13 - Late Start
10:00 a.m.



Nov. 13 - School Board Mtg. 6:30 p.m. in ITV Room



Nov. 21 - NO SCHOOL for GRADES PreK thru 3rd Grade



Nov. 27 - Early Dismissal 1:00 a.m.

Donuts With Dad 2019

A donut with dad and then off to the classroom! What a great way to start the day!



Check our website for the most current news and calendar:

www.elgineagles.org

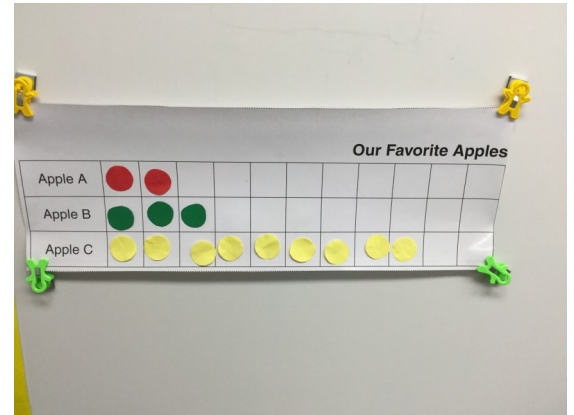


MATH WITH APPLES

From Mrs. Beckman



The second grade divided apples into halves, fourths, and eights in math class. Then sampled each kind to decide what their favorite type of apple was and made a bar graph. Who knew that math could be so “delicious”!



Reading Goals

From Mr. Ostransky

Congratulations to Jaxsen, Keegan, Joslyn, Max, and Kaidynce on reaching their quarter one A.R goal!



From Mr. Becker

Kdgn. PE

Kindergarteners enjoy their scooters during P.E. class with Mr. Becker!

Holiday Concert Practices Have Begun

From Mr. Heithoff



In addition to learning all the music and spoken lines for our upcoming concert, grades 4-6 are also working on some instrumental music with recorders, percussion, and band instruments.

Here, the 5th grade is practicing a song Get It Together, Harambee that uses drums, shekere's, and xylophones in addition to singing.



KINDNESS COSTS NOTHING!

From Mrs. Lindgren

CyberPatriots

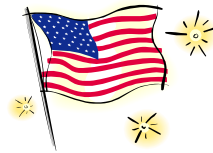


CyberPatriot is the National Youth Cyber Education Program created by the Air Force Association (AFA) to inspire K-12 students toward careers in cybersecurity or other science, technology, engineering, and mathematics (STEM) disciplines critical to our nation's future.

Elgin's CyberPatriot team is competing in the National

Youth Cyber Defense Competition, which puts teams of high school and middle school students in the position of newly hired IT professionals tasked with managing the network of a small company. Through a series of online competition rounds, teams are given a set of virtual operating systems and are tasked with finding and fixing cybersecurity vulnerabilities while maintaining critical services. The students on this year's team are Adam Dreger, Joey Getzfred, Jordan Lindgren, Trinity Graham, and Riley Vitamvas. Round 1 was on October 25th. Round 2 will be on November 15th.

For more information check out this website:
<https://www.uscyberpatriot.org/home>



**VETERANS DAY
PROGRAM SET**
NOVEMBER 11, 2019
11:00 A.M.
EPS GYMNASIUM

Please join the local veterans organizations, school students, and the Elgin community as we pay tribute to our present military personnel and the veterans who have served in past years.

Hope to see you there!

From Mr. Rossman

County Government Day



The Government class embarked on County Government day on October 3rd. During this day, members of government class were able to see the different agencies that govern Antelope County. In addition, they got to take tours of the offices of their respective agencies and gain insight on what these agencies do on a daily basis. Students also were able to witness a mock trial court case and experience how a trial by jury and actual court proceedings were held. Members of County Government day were: Theanna Dunn, Jordan Lindgren, and Tyler Iburg.

FIRE PREVENTION WEEK

From Mrs. Wemhoff



Kindergarten class celebrates Fire Prevention Week with a visit to the fire station. Pictured are (l.to r) Kenny Schinlder, Ellie Vanis, Laney Mliner, Paislee Braband, Synclare Mack, Caleb Fangman, Hannah Hemenway, Symphony Hernandez, Bud Miller, and Kenny Jochum. Thank you to all firefighters and EMT volunteers for keeping Elgin a safe place for us to grow up!

From Mrs. Druke

JUNIOR HIGH ATTENDS ACADEMIC CONTEST

Elgin Public Junior High students competed well at the Spalding Academy Academic Contest on October 15th. Great job, JH Eagles!

7th Grade Social Studies

- 1st Sam Durre
- 4th Emma Kinney

8th Grade Social Studies

- 3rd Blake Henn

7th Grade Math

- 3rd Callie Heithoff

8th Grade Math

- 2nd Baylee Busted
- 3rd Keyera Eisenhauer

7th Grade Health and P.E.

- 3rd Sam Durre

7th Grade English

- 3rd Callie Heithoff

8th Grade English

- 4th Baylee Busted

7th Grade Science

- 3rd Jaidyn Schrad
- 4th Emma Kinney



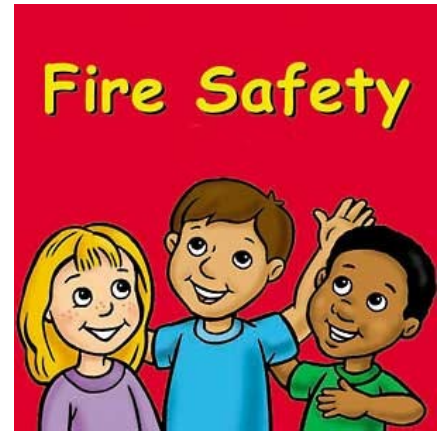
Pictured with their medals or ribbons are: (back row l. to r.) Keyera Eisenhauer, Baylee Busted, Blake Henn, and Samantha Durre (front row) Callie Heithoff, Emma Kinney, and Jaidyn Schrad.

Tours of Fire Hall

From Mrs. Vanis



The preschoolers visited the fire station last week. They toured the fire station and checked out their equipment, They then enjoyed a ride on the fire truck back to school. Thank you to all Firemen and EMTs for all your hard work!



3-Year old preschoolers pictured are: back row: Selene Lopez, Mason Vanis, Owen Childers, Gabe Schindler, Nathan Beckman,. Middle Row:Carson Funk, Ruth Thomas, Taysom Bottorf, Jackson Becker, Cayson Bottorf, Brigham Heying, Chase Boschen, Aubree Meis. Front Row: Elijah Jacobs, John Hemenway



4 Year Old preschoolers pictured are: :Back Row:Case Romej, Taryn Schindler, Mason Fletcher, Sloane Miller, Elly Boschen, Izaak Lopez, Presley Richardson, Jozlynn Mack, Grant Blecher, Rylie Beard. Front Row:Jaxon Haddix, Chase Young, Shay Morrison, Cora Beckman

Life on the Farm

The 3rd and 4th graders attended the Ag Literacy Festival "Life on the Farm" sponsored by the Nebraska Extension Office in Pierce. They were able to rotate through sessions on agriculture such as beef, corn/soybeans, dairy, poultry, swine, sheep, water, and ag technology. Students learned lots of information about agriculture in Nebraska and even were able to get some up close encounters with livestock.



*One Kind Word Can
Change Someone's Entire Day*


Heithoff Receives Teachers Award

Mrs. Rita Heithoff attended the Nebraska Art Teacher's Association (NATA) Fall Conference in Falls City, NE on Friday, September 27th. While at the conference she received a NATA Regional Educational Service Unit Award for 2019-2020. In its eighth year, the ESU award honor recognizes individuals who support art education in Nebraska both inside and outside the classroom.



Mrs. Heithoff is in her 21st year of teaching K-12 art at Elgin Public School. Congratulations, Mrs. Heithoff, on a well deserved award.

JMC Parent Access
 Parents and students can access student's current grades through the EPS website: www.elgineagles.org
 Click on JMC Student Information System under "Quick Links" and enter the Student or Parent login & password. If you have questions, please call the school.



Youth Vaping: Protecting our Youth

From Mrs. Rittscher

E-cigarettes are the most commonly used tobacco product among U.S. youth (CDC). According to a national survey by the CDC, 3.6 million teens reported current e-cigarette use in 2018. This is more than double the number of middle and high school students who reported using e-cigarettes in 2017 (1.5 million in 2017). In an effort to highlight this growing health concern, the Surgeon General released an advisory on e-cigarette use among youth in December 2018. According to the U.S. Department of Health & Human Services media release, the advisory “stresses the importance of protecting children from a lifetime of nicotine addiction and associated health risks by immediately addressing the epidemic of youth e-cigarette use”.



Parents, schools and health professionals play a critical role in addressing the dangers of youth e-cigarette use by engaging in conversations with youth to promote education and awareness. Below are important talking points that should be included in these conversations:

What is an e-cigarette?

- * E-cigarettes are battery-powered devices that deliver nicotine, flavorings, and other substances. They work by heating a liquid to produce an aerosol that users inhale into their lungs. The use of e-cigarettes is often referred to as vaping. It may also be referenced as “Juuling”, a term coined from the e-cigarette brand Juul.
- * The Juul is one of the more popular e-cigarette devices used by teens. It is shaped like a USB drive and uses nicotine liquid cartridges called pods. A single JUUL pod can contain as much nicotine as a pack of 20 regular cigarettes.

What are the health risks of using e-cigarettes?

- * E-cigarettes are not just harmless water vapor. Most e-cigarettes contain nicotine which is highly addictive and damaging to the developing adolescent brain. Use of nicotine under the age of 25 can harm the parts of the brain responsible for memory, attention and learning. Even when the liquid used in e-cigarettes doesn't contain nicotine, it still contains other harmful ingredients like heavy metals, flavoring that can be linked to lung disease, ultrafine particles and cancer-causing chemicals that can be inhaled deep into the lungs.
- * Vaping can lead to mouth and throat irritation, worsening asthma, chest pain, nausea/upset stomach and nicotine addiction.
- * Studies are showing that youth who begin using e-cigarettes as teenagers are more likely to take up smoking than those who don't use e-cigarettes.

Aside from the use of e-cigarettes to vape nicotine and other flavorings, there has also been an increasing trend amongst youth to use e-cigarette vaporizers for other substances including liquid THC (the main psychoactive substance found in marijuana) and marijuana wax. Because of the highly concentrated levels of THC in both the liquid and wax form of marijuana, the substances produce a more powerful and dangerous high. While a marijuana cigarette can contain up to 18% THC, the liquid or wax form can contain up to 80% THC. This higher potency high can leave damaging effects on teen brain development and can increase the likelihood of addiction. Aside from the health risks, vaping marijuana can be easier for teens to hide. Vaping THC does not produce the characteristic smell that results when marijuana is smoked through a joint or pipe and most e-cigarettes can be concealed in the palm of the hand.

Education and awareness surrounding the latest teen trends in youth e-cigarette use is an important step in prevention and intervention.

JH Volleyball Completes Season

From Mrs. Shumake-Henn



The Wolfpack junior high volleyball team recently ended a successful 2019 season. The team earned the runners-up plaque at the Riverside Tournament. They also won the championship at their final tournament in Ewing. Team members who competed in the tournaments include BR: Coach Kerri Drueke, Brenna Martinsen, Sara Bode, Keyera Eisenhauer, Ashlyne Charf, Brooklyn Meis, Chloe Henn, Baylee Busteed, Coach Stacy Shumake-Henn. FR: Jazmine McNally, Kaitey Schumacher, Callie Heithoff, Kate Furstenau, and Ellie Ruterbories. Not pictured: Coach Sandi Henn.

From Mrs. Thiele-Blecher

Freshman C-Team Volleyball Team Competes Well

The Freshman/C Team were Runner Up in the Neligh Tournament on Saturday, October 19th.



From the Principal's desk . . .

by Greg Wemhoff
greg.wemhoff@elgineagles.org



ALL "A" Honor Roll --

Sara Bode, Samantha Durre, Callie Heithoff,
Austin Hinkle, Baylee Busted, Keyera Eisenhauer



Superior Honor Roll -- Taylor Beckman, Kate Furstenau, Chloe Henn, Brenden Hubbard, Emma Kinney, Jaidyn Schrad, Kaeden Schwarting, Lauren Vitamvas, William Heilhecker, Ethan Hinkle, Corbin Kinney, Jack Wemhoff, Colton Wright



Honor Roll --

Sonnie Suhr, Nick Anderson, Brian Heithoff, Blake Henn, Myles Kittelson, Dylon Lueking, Brenna Martinsen, Austin Good, Kristopher Moreno, Norman Grothe, Theanna Dunn, Joey Getzfred, Jordan Lindgren, Adam Dreger, Olivia Lindgren, Araceli Palmer

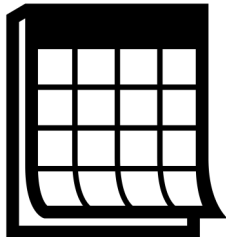
Administratively Speaking . . .

By Dan Polk
dan.polk@elgineagles.org



The school year continues to go very well. Even though it seems like it has just begun we are already over half way through the first semester. I am so proud of the Elgin Public Schools. I'm also very proud of our board of education, certified and non-certified staff as well as the students. We are all working hard to be productive, life-changing quality citizens and people and make our school system the best it can be. The levy continues to fall substantially and prudent management of funds is always a priority. As I'm sure you all know students continue to do WONDERFULLY on state-wide testing and rank at the top of the state in all sizes of schools. The campus and physical plant continues to have more improvements yearly and continually evolve to be functional, safe, and esthetically pleasing. There are always opportunities to work on that moving forward as well.

Elgin, some bigger, some smaller, none better -----as a whole I would transfer that community slogan to your public schools as well. It takes cooperation and good people to make a community and a school work well and be successful. I think it is clear that Elgin has those people. Have a safe and happy holiday season and AS ALWAYS, if you have any questions or concerns regarding your public school, please feel free to give the staff and/or administration a call any time.



EPS Calendar Change!

Elgin Public School will be sending their Prek thru 3rd Grade teachers to an in-service on Thursday, Nov. 21st

NO SCHOOL for Preschool thru 3rd Grade on November 21st.

Grades 4 thru 12 will have a regular scheduled day.

**ELGIN PUBLIC SCHOOLS
NEWSLETTER
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