**Triennial Assessment Report to the Public**

**Elgin Public School, 02-0018**

The Elgin Public School Board Wellness Committee and team members assessed the District’s Wellness Policy 508.13 at the July 2023 regular meeting.

The assessment was conducted by utilizing the recommended evidence-based tool: WellSAT. The checklist utilized a 3 point scale:

2 = Includes all required language

1 = Includes some of the required language

0 = Includes none of the required language

The assessment concluded that the policy includes all 7 parts, but some of the 7 parts had ratings of a 0. The following are the items we will be or have been working on to improve our policy and actions at Elgin Public Schools.

1. Nutrition Education: The agriculture and physical education instructors include nutrition in their presentations. The presentations include topics such as bad sugars vs. good sugars, carbohydrates and how they affect the body and physical activity, etc.
2. School Meals: The district provides parents with information concerning free/reduced lunches and encourages all parents to fill out the proper forms. The district keeps the forms confidential in the central office when turned in.
3. Local Foods: The district will be working on a plan to work with someone in the community to purchase locally grown foods to be provided during school lunches.
4. Vending Machine: The district utilizes a timer on the vending machine that students purchase drinks from and drinks are not allowed to be purchased during lunchtime.
5. Physical Education: The physical education instructor has updated the curriculum to include more nutrition information, the Presidential Fitness Program, and more activities to increase physical activity.
6. Wellness Marketing: The district has covered up logos on the vending machine with water logos and the kitchen staff has placed informational posters of nutrition on the walls in the cafeteria.
7. Implementation: The district is part of an EHA Wellness program and the staff is provided with information and encouraged to participate in the various programs offered. The school board wellness committee conducts a hearing each July on the wellness policy.

Public Notification:

The School Wellness Policy 508.13 is located on the school website along with the WellSAT scorecard and FDA website information. This information has its own link and the website is:

www.elgineagles.org